

5 km Männer	Alter	Bonuszeit	Faktor	Zeit	gelaufen
1 Häckel, Andreas Dr.	32	00:17:20	1,0000	00:17:20	28.04.1989
2 Leeflang, Hans		00:18:20	1,0000	00:18:20	07.05.1989
3 Schäfer, Sebastian		00:18:52	1,0000	00:18:52	04.02.1989
4 Schumann, Dieter		00:19:01	1,0000	00:19:01	28.04.1989
5 Schulz, Dieter		00:19:13	1,0000	00:19:13	28.04.1989
6 Buskamp, Hermann	44	00:19:25	0,9187	00:21:08	28.04.1989
7 Franz, Christian	18	00:20:30	1,0000	00:20:30	28.04.1989
8 Scheidter, Thomas		00:20:32	1,0000	00:20:32	28.04.1989
9 Hartinger, Norbert		00:24:17	1,0000	00:24:17	09.04.1989
10 Junker, Patrick	11	00:25:44	1,0000	00:25:44	04.02.1989

5 km Frauen	Alter	Bonuszeit	Faktor	Zeit	gelaufen
1 Schäfer, Julia		00:25:52	1,0000	00:25:52	04.02.1989
2 Frank, Dora	39	00:27:53	0,9439	00:29:32	09.04.1989

10 km Männer	Alter	Bonuszeit	Faktor	Zeit	gelaufen
1 Boch, Konrad	59	00:31:25	0,8120	00:38:42	13.05.1989
2 Schroeder, Gerhard	56	00:32:01	0,8362	00:38:17	15.05.1989
3 Müller, Ernst Dr.	55	00:32:25	0,8441	00:38:24	13.05.1989
4 Reichelt, Olaf	26	00:32:44	1,0000	00:32:44	13.05.1989
5 Leeflang, Bert		00:32:46	1,0000	00:32:46	13.05.1989
6 Janoske, Wolfgang	27	00:33:21	1,0000	00:33:21	01.04.1989
7 Trott, Michael	31	00:33:23	1,0000	00:33:23	10.06.1989
8 Rill, Peter	37	00:33:56	0,9608	00:35:19	10.06.1989
9 Gräser, Bernhard	49	00:34:11	0,8872	00:38:32	10.06.1989
10 Weber, Thomas	20	00:34:29	1,0000	00:34:29	13.05.1989
11 Rautenberg, Thomas	32	00:34:37	1,0000	00:34:37	10.06.1989
12 Aderhold, Lutz		00:35:17	1,0000	00:35:17	10.06.1989
13 Ertel, Ulrich	46	00:35:19	0,9064	00:38:58	13.05.1989
14 Schumann, Uwe	42	00:35:22	0,9310	00:37:59	28.04.1989
15 Deyer, Wilhelm		00:35:30	1,0000	00:35:30	13.05.1989
16 Descombes, Michel	48	00:35:38	0,8938	00:39:52	09.04.1989
17 Seel, Wolfgang	42	00:35:39	0,9310	00:38:17	01.04.1989
18 Junker, Albert	41	00:35:41	0,9370	00:38:05	04.02.1989
19 Doll, Reiner	41	00:35:47	0,9370	00:38:11	28.04.1989
20 Häckel, Andreas Dr.	32	00:35:48	1,0000	00:35:48	13.05.1989
21 Wodniok, Adrian	19	00:35:52	1,0000	00:35:52	20.05.1989
22 Knobling, Günther	36	00:36:22	0,9666	00:37:37	25.03.1989
23 Höhle, Gert	35	00:36:25	0,9724	00:37:27	04.05.1989
24 Rabas, Walter	49	00:36:27	0,8872	00:41:05	13.05.1989
25 Kminek, Burckhard	49	00:36:38	0,8872	00:41:17	10.06.1989
26 Gleitsmann, Michael	32	00:37:19	1,0000	00:37:19	01.04.1989
27 Schraidt, Rudolf		00:38:53	1,0000	00:38:53	20.05.1989
28 Bick, Günter	49	00:38:56	0,8872	00:43:53	10.06.1989
29 Olschewski, Peter		00:38:58	1,0000	00:38:58	10.06.1989
30 Brum, Norbert	52	00:39:11	0,8664	00:45:14	19.03.1989
31 Groß, Volkmer	39	00:39:16	0,9490	00:41:23	04.05.1989
32 Behning, Thomas		00:39:21	1,0000	00:39:21	13.05.1989
33 Leeflang, Hans		00:39:36	1,0000	00:39:36	13.05.1989
34 Lenkner, Ernst	42	00:39:52	0,9310	00:42:49	10.06.1989
35 Scheiblich, Jens	26	00:40:24	1,0000	00:40:24	10.06.1989
36 Schumann, Dieter		00:40:42	1,0000	00:40:42	10.06.1989
37 Schulz, Dieter		00:41:06	1,0000	00:41:06	20.05.1989
38 Busskamp, Hermann	44	00:41:20	0,9187	00:45:00	25.03.1989
39 Geogham, Michael	34	00:41:22	1,0000	00:41:22	13.05.1989
40 Schäfer, Sebastian		00:41:25	1,0000	00:41:25	28.04.1989
41 Zub, Herbert	33	00:41:29	1,0000	00:41:29	19.03.1989
42 Friedrich, Helmut		00:42:01	1,0000	00:42:01	25.03.1989
43 Scheidter, Thomas		00:42:17	1,0000	00:42:17	13.05.1989

10 km Männer	Alter	Bonuszeit	Faktor	Zeit	gelaufen
44 Kunkel, Otto	45	00:42:49	0,9125	00:46:55	19.03.1989
45 Wiebe, Bernhard		00:43:32	1,0000	00:43:32	10.06.1989
46 Schumann, Thomas	16	00:44:24	1,0000	00:44:24	10.06.1989
47 Oertel, Arno		00:44:25	1,0000	00:44:25	10.06.1989
48 Pinder, Götz	53	00:44:46	0,8591	00:52:06	31.12.1989
49 Wolf, Werner		00:46:39	1,0000	00:46:39	10.06.1989
50 Eckart, Dieter	51	00:46:48	0,8735	00:53:35	09.04.1989
51 Bähren, Horst	32	00:47:11	1,0000	00:47:11	28.04.1989
52 Knöß, Walter		00:47:21	1,0000	00:47:21	09.04.1989
53 Fertl, Max		00:47:23	1,0000	00:47:23	20.05.1989
54 Keller, Jochen	49	00:47:40	0,8872	00:53:44	23.04.1989
55 Wetzestein, Wolfgang		00:49:30	1,0000	00:49:30	01.04.1989
56 Zorn, Enno		00:51:30	1,0000	00:51:30	10.06.1989
57 Heimann, Walter	44	00:51:44	0,9187	00:56:19	23.04.1989
58 Hartinger, Norbert		00:51:49	1,0000	00:51:49	07.05.1989
59 Zmarzly, Rebecca		00:57:17	1,0000	00:57:17	19.03.1989
60 Langehenke, Helmut		00:57:23	1,0000	00:57:23	19.03.1989
61 Braun, Norbert		01:05:54	1,0000	01:05:54	23.04.1989
62 Isernhagen, Peter		01:08:49	1,0000	01:08:49	23.04.1989
63 Seidel, Gunther		01:09:25	1,0000	01:09:25	23.04.1989
64 Westphal, Klaus Prof. Dr.	31	01:14:31	1,0000	01:14:31	23.04.1989
65 Priester, Jochen	35	01:14:32	0,9724	01:16:39	23.04.1989

10 km Frauen	Alter	Bonuszeit	Faktor	Zeit	gelaufen
1 Koitka, Andrea	24	00:38:57	1,0000	00:38:57	13.05.1989
2 Müller, Hannelore	37	00:39:18	0,9568	00:41:04	10.06.1989
3 Koch, Monika	42	00:40:29	0,9241	00:43:48	09.04.1989
4 Rautenberg, Sibylle	24	00:40:57	1,0000	00:40:57	10.06.1989
5 Ertel-Biskup, Ulrike	35	00:41:02	0,9696	00:42:19	13.05.1989
6 Schumann, Angelika	40	00:41:36	0,9373	00:44:23	10.06.1989
7 Junker, Angela	35	00:41:43	0,9696	00:43:01	01.04.1989
8 Erhazar, Marlies	47	00:42:14	0,8902	00:47:26	04.05.1989
9 Wolf, Helga	42	00:48:18	0,9241	00:52:16	01.04.1989
10 Wetzestein, Kunigunde		00:49:25	1,0000	00:49:25	01.04.1989
11 Fucke, Renate	30	00:51:20	1,0000	00:51:20	10.06.1989
12 Wieß, Maren	42	00:52:36	0,9241	00:56:55	19.08.1989

25 km Männer	Alter	Bonuszeit	Faktor	Zeit	gelaufen
1 Reichelt, Olaf	26	01:25:58	1,0000	01:25:58	25.03.1989
2 Karaschkewitz, Wolfgang	47	01:26:40	0,9127	01:34:57	25.03.1989
3 Battisti, Reinhold	33	01:27:34	1,0000	01:27:34	25.03.1989
4 Schroeder, Gerhard	56	01:27:41	0,8478	01:43:26	11.03.1989
5 Janoske, Wolfgang	27	01:28:01	1,0000	01:28:01	22.04.1989
6 Descombes, Michel	48	01:28:32	0,9061	01:37:42	25.03.1989
7 Gräser, Bernhard	49	01:29:14	0,8995	01:39:12	22.04.1989
8 Rautenberg, Thomas	32	01:29:21	1,0000	01:29:21	25.03.1989
9 Ertel, Ulrich	46	01:31:57	0,9190	01:40:03	25.03.1989
10 Zmarzly, Roman	40	01:33:32	0,9560	01:37:50	22.04.1989
11 Jörgens, Winfried	40	01:34:50	0,9560	01:39:12	25.03.1989
12 Rabas, Walter	49	01:35:43	0,8995	01:46:25	22.04.1989
13 Wodniok, Adrian	19	01:36:09	1,0000	01:36:09	22.04.1989
14 Knobling, Günther	36	01:36:32	0,9800	01:38:30	22.04.1989
15 Doll, Reiner	41	01:38:19	0,9500	01:43:29	25.03.1989
16 Seel, Wolfgang	42	01:39:45	0,9438	01:45:41	25.03.1989
17 Shuttleworth, Michael	32	01:40:02	1,0000	01:40:02	25.03.1989
18 Heilmann, Heinrich	44	01:40:46	0,9314	01:48:11	25.03.1989
19 Colombo, Arturo	48	01:41:54	0,9061	01:52:28	22.04.1989
20 Höhle, Gert	35	01:42:01	0,9859	01:43:29	22.04.1989
21 Groß, Volkmer	39	01:42:15	0,9621	01:46:17	22.04.1989
22 Lösche, Helmut	54	01:43:07	0,8635	01:59:25	22.04.1989
23 Junker, Albert	41	01:43:31	0,9500	01:48:58	25.03.1989
24 Westphal, Klaus Prof. Dr.	31	01:53:29	1,0000	01:53:29	22.04.1989
25 Buskamp, Hermann	44	01:53:56	0,9314	02:02:20	22.04.1989
26 Drescher, Klaus-Jürgen	43	01:54:06	0,9377	02:01:41	25.03.1989
27 Polaschek, Hubert	49	01:56:50	0,8995	02:09:53	16.04.1989
28 Scheiblich, Jens	26	01:59:08	1,0000	01:59:08	22.04.1989

25 km Frauen	Alter	Bonuszeit	Faktor	Zeit	gelaufen
1 Junker, Angela	35	01:56:47	0,9845	01:58:37	22.04.1989
2 Wieß, Maren	42	02:11:37	0,9382	02:20:17	25.03.1989
3 Kühne, Sabine	27	02:21:41	1,0000	02:21:41	25.03.1989