

Swim **0,3** Bike **17** Run **6** **Km**

28.08.2016 Maibacher Triathlon, Maibach

Pense, Till 01:11:13

Swim **0,7** Bike **22** Run **6** **Km**

04.09.2016 Eberbacher Triathlon, Eberbach

Chwalisz, Ulla 2. W50 01:49:34

Swim **0,35** Bike **20** Run **5** **Km**

23.07.2016 4. + 5. HTL M, Burgwaldtriathlon, Burgwald

Wittrock, Philipp	0. M25	01:05:26
Storck, Christian Dr.	0. M40	01:06:18
Pfaller, Stephan	0. M25	01:07:12
Naumer, Lucas	0. M30	01:13:11
Anger, Gunnar	0. M35	01:13:13
Scherer, Robeer	0. M35	01:13:59
Spranz, Laura	0. W30	01:14:09
Pense, Till		01:20:18
Georg, Sven	0. M50	01:22:49
Hayn, Sabine	0. W30	01:24:59

Swim **0,75** Bike **18** Run **5** **Km**

17.07.2016 1. HTL Damen: Celticman Triathlon, Borken

Rautenberg, Iris	0. WU23	01:07:53
Brendemühl, Heike	0. W20	01:11:25
Spranz, Laura	0. W30	01:11:36
Rautenberg, Laura	0. WU18	01:14:55

Swim **0,4** Run **2,5** **Km**

17.07.2016 1. HTL Damen: Celticman Triathlon, Borken

Rautenberg, Iris	0. WU23	00:17:51
Spranz, Laura	0. W30	00:19:14
Brendemühl, Heike	0. W20	00:19:42
Rautenberg, Laura	0. WU18	00:24:20

Swim **0,75** Bike **20** Run **5** **Km**

05.06.2016 Woogsprint 2016 1. HL Damen, Darmstadt

Uphoff, Tinka	1. W30	01:10:16
Rautenberg, Iris	2. W20	01:11:15
Brendemühl, Heike	2. W25	01:15:00

Swim **0,5** Bike **20** Run **5** **Km**

30.04.2016 Neroman 2016, Wiesbaden

Scherer, Robeer	01:29:44
Severin, Sascha	01:34:05
Straus, Alexander	01:57:56

27.08.2016 V-Card Fitness-Triathlon, Viernheim

Chwalisz, Ulla 1. W55 01:27:40

Swim **0,75** Bike **23** Run **5** **Km**

22.05.2016 Ederauen-Triathlon Fritzlar2016 - 4.HTL, Fritzlar

Storch, Christian	0.	01:12:54
Pfaller, Stephan	0.	01:13:22
Anger, Gunnar	0.	01:13:48
Kütscher, Johannes	0.	01:16:16
Rautenberg, Iris	0.	01:17:33

22.05.2016 Ederauen-Triathlon Fritzlar2016 - 5.HTL, Fritzlar

Scherer, Robeer	01:15:52	
Naumer, Lucas	0.	01:17:13
Pfeiffer, Martin	0.	01:23:54
Georg, Sven	0.	01:25:06
Pense, Till	0.	01:27:22

Swim **0,5** Bike **27** Run **5** **Km**

22.08.2016 Allgäu Triathlon,

Lohr, Andreas 01:57:50

11.06.2016 Werraman 2016, Eschwege

Gutenstein, Dennis 1. M40 01:11:25

Swim **0,75** Bike **28** Run **5** **Km**

07.08.2016 Frankfurt City Triathlon 2016, Frankfurt

Naumer, Lucas	3. M30	01:23:55
Poggendorff, Frank		01:24:34
Reimold, Christoph		01:26:35
Pense, Till		01:34:23
Schmitt, Volker		01:42:30

Swim **0,55** Bike **23** Run **5** **Km**

22.05.2016 8. Ederauen Triathlon 2016, Fritzlar

Straus, Alexander 01:44:53

Swim **1,4** Bike **41,5** Run **10** **Km**

22.08.2016 Rodgau Triathlon, Rodgau

Scherer, Robeer	02:24:38
Höflich, Alexander	02:29:51
Pfeiffer, Martin	02:33:24
Straus, Alexander	02:54:28
Koch, Jutta	03:02:25

Swim **1,5** Bike **40** Run **10** **Km**

23.07.2016 Zürich Triathlon - A5150 Series Event, Zürich

Straus, Alexander	03:31:39
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28.08.2016 V-Card Triathlon, Viernheim

Weber, Christian	02:21:42
Wittrock, Philipp	02:23:07
Anger, Gunnar	02:25:56
Uphoff, Tinka	2. W30 02:28:37
Rautenberg, Iris	3. WU23 02:28:58
Pfaller, Stephan	02:29:39
Scherer, Robeer	02:32:39
Brendemühl, Heike	02:35:28
Pfeiffer, Martin	02:41:15
Lohr, Andreas	02:56:51
Bruder, Katharina	02:59:23
Zeiss, Frank	03:00:11
Straus, Alexander	03:17:57

Swim **1,5** Bike **42** Run **10** **Km**

05.06.2016 25. Mussbach Triathlon, Mussbach

Naumer, Lucas	02:37:37
Hayn, Sabine	02:58:54

Swim **1,5** Bike **45** Run **10** **Km**

07.08.2016 Frankfurt City Triathlon 2016, Frankfurt

Gilbert, Kai	3. M50 02:21:31
Kütscher, Johannes	02:24:32
Weber, Christian	3. M45 02:25:53
Anger, Gunnar	02:29:18
Schachow, Jewgenij	02:30:53
Audersetz, Stephan	02:37:00
App, Christoph	02:40:40
Joseph, Jörg	02:57:00
Becker, Martina	03:31:35

Swim **1,9** Bike **82** Run **21,1** **Km**

18.06.2016 Moret Triathlon 2016, Münster

Pfaller, Stephan	1. M25 04:26:27
Gutenstein, Dennis	04:46:21
Bremer, Joachim	04:57:54
Naumer, Lucas	05:01:45
Spranz, Laura	1. W30 05:04:41
Scherer, Robeer	05:05:24
Klisch, Tilo	05:21:23
Willius, Sebastian	05:24:36
Brendemühl, Heike	2. W25 05:25:53
App, Christoph	05:29:20
Zeiss, Frank	05:38:23
Bremer, Jürgen	05:41:12
Koch, Jutta	06:07:12

Swim **1,9** Bike **90** Run **21,095** **Km**

23.07.2016 Red Bull Tri Islands Triathlon, Amrum-Föhr-Sylt

Selbach, Christoph	03:18:37
Tzschentke, Thomas	0. M50 03:34:08

Swim **1,9** Bike **90** Run **21,1** **Km**

22.08.2016 Ironman 70.3, Wiesbaden

Reimold, Christoph	05:38:19
Joseph, Jörg	06:23:36

03.09.2016 Cologne 226 half, Köln

Kütscher, Johannes	04:56:55
Gehring, Julia	05:24:51
Joseph, Jörg	06:00:42

Swim **3,8** Bike **180** Run **42,195** **Km**

03.07.2016 IRONMAN European Championship, Frankfurt

Anger, Gunnar	09:37:10
Held, Sascha	09:53:09
Scharlowski, Boris	10:44:02
Poggendorff, Frank	10:45:02
Bittner, Chris	11:07:15
Zeiss, Frank	11:10:53
Knodt, Riitta	2. W55 11:50:32
Kunze, Hans-Jürgen	11:51:37
Joseph, Jörg	12:20:11
Bruder, Katharina	12:25:53

17.07.2016 Chalange Roth 2016, Roth

Schubnell, Frank	09:31:56
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Swim	Bike	Run	
3,8	180	42,195	Km
Schneider, Wilm			09:34:53
Pfaller, Stephan			09:43:17
Anger, Gunnar			10:21:10

04.09.2016 Triathlon,, Iron Distance Cologne 226, Köln

Weber, Christian	3. M45	10:23:27
Zeiss, Frank		12:02:51

Swim	Bike	Run	
3,8	180	42,2	Km
08.10.2016 Ironman World Championship,, Kailua-Kona (Hawaii)			
Knodt, Riitta			13:10:44