

5 km Männer	Alter	Bonuszeit	Faktor	Zeit	gelaufen
1 Weber, Thomas	27	00:14:57	1,0000	00:14:57	28.09.1996
2 Graf, Reiner	35	00:15:42	0,9724	00:16:09	14.09.1996
3 Trott, Michael	38	00:15:42	0,9549	00:16:27	14.09.1996
4 Wodniok, Adrian	26	00:16:00	1,0000	00:16:00	14.09.1996
5 Rautenberg, Thomas	39	00:17:09	0,9490	00:18:04	14.09.1996
6 Peters, Jürgen	41	00:17:21	0,9370	00:18:31	14.09.1996
7 Knobling, Günther	43	00:17:30	0,9249	00:18:55	14.09.1996
8 Shuttleworth, Michael	39	00:17:36	0,9490	00:18:33	14.09.1996
9 Scherzberg, Thomas	42	00:18:09	0,9310	00:19:30	14.09.1996
10 Rill, Peter	44	00:18:11	0,9187	00:19:48	14.09.1996
11 Pförtner, Ralf	39	00:18:55	0,9490	00:19:56	14.09.1996
12 Küster, Till	17	00:19:05	1,0000	00:19:05	14.09.1996
13 Lehnhardt, Klaus		00:19:12	1,0000	00:19:12	14.09.1996
14 Meier-Tanski, Helmut		00:19:19	1,0000	00:19:19	14.09.1996
15 Schönit, Frank	34	00:19:39	1,0000	00:19:39	14.09.1996
16 Giesen, Winfried	51	00:19:45	0,8735	00:22:37	13.10.1996
17 Meyer, klaus	38	00:20:42	0,9549	00:21:41	14.09.1996
18 Sedlmeyer, Ivo		00:28:35	1,0000	00:28:35	14.09.1996
19 Marinello, Mirko	27	00:28:47	1,0000	00:28:47	14.09.1996
20 Winterweber, Klaus		00:33:14	1,0000	00:33:14	14.09.1996
21 Richter, Detlef	35	00:34:54	0,9724	00:35:53	14.09.1996

5 km Frauen	Alter	Bonuszeit	Faktor	Zeit	gelaufen
1 Birk, Monika	36	00:19:50	0,9633	00:20:35	14.09.1996
2 Tanski, Corinna		00:20:16	1,0000	00:20:16	14.09.1996
3 Winterweber, Eva		00:28:59	1,0000	00:28:59	14.09.1996
4 Gleim, Cornelia		00:33:58	1,0000	00:33:58	14.09.1996

10 km Männer	Alter	Bonuszeit	Faktor	Zeit	gelaufen
1 Weber, Thomas	27	00:31:28	1,0000	00:31:28	06.10.1996
2 Haberbeck, Manfred	57	00:31:31	0,8282	00:38:03	19.10.1996
3 Trott, Michael	38	00:31:48	0,9549	00:33:18	23.04.1996
4 Henne, Hermann Dr.	43	00:32:07	0,9249	00:34:44	19.05.1996
5 Wodniok, Adrian	26	00:32:12	1,0000	00:32:12	07.12.1996
6 Häckel, Andreas Dr.	39	00:32:12	0,9490	00:33:56	06.04.1996
7 Graf, Reiner	35	00:32:18	0,9724	00:33:13	06.10.1996
8 Karaschkewitz, Wolfgang	54	00:32:29	0,8517	00:38:08	02.10.1996
9 Müller, Ernst Dr.	62	00:33:31	0,7874	00:42:34	07.12.1996
10 Aderhold, Lutz		00:33:53	1,0000	00:33:53	07.12.1996
11 Schroeder, Gerhard	63	00:34:24	0,7790	00:44:10	21.06.1996
12 Knobling, Günther	43	00:34:45	0,9249	00:37:34	13.10.1996
13 Kleinschmidt, Hellmut	47	00:34:49	0,9002	00:38:41	07.12.1996
14 Knobloch, Holger	59	00:34:53	0,8120	00:42:58	21.06.1996
15 Praetorius, Michael		00:35:02	1,0000	00:35:02	21.06.1996
16 Elges, Cai	52	00:35:17	0,8664	00:40:43	19.05.1996
17 Weingärtner, Jens	31	00:35:29	1,0000	00:35:29	29.12.1996
18 Peters, Jürgen	41	00:35:54	0,9370	00:38:19	02.10.1996
19 Lorenz, Roman		00:36:13	1,0000	00:36:13	29.12.1996
20 Schuh, Peter		00:36:21	1,0000	00:36:21	07.12.1996
21 Meyer, klaus	38	00:36:36	0,9549	00:38:20	19.05.1996
22 Erhart, Nick	19	00:36:48	1,0000	00:36:48	07.12.1996
23 Tsouli, Mustafa		00:36:48	1,0000	00:36:48	29.12.1996
24 Bremer, Jürgen	44	00:37:27	0,9187	00:40:46	02.11.1996
25 Engelhard, Jörg	32	00:37:52	1,0000	00:37:52	15.09.1996
26 Pfeiffer, Axel	45	00:37:58	0,9125	00:41:36	29.12.1996
27 Holstiege, Bernd Dr.	54	00:38:03	0,8517	00:44:40	06.01.1996
28 Galster, Jürgen	46	00:38:05	0,9064	00:42:01	21.06.1996
29 Berkhoff, Claus	49	00:38:11	0,8872	00:43:02	03.02.1996
30 Vahle, Bernd	38	00:38:32	0,9549	00:40:21	02.11.1996
31 Böhmer, Thomas	45	00:38:51	0,9125	00:42:34	29.12.1996
32 Lehnhardt, Klaus		00:39:17	1,0000	00:39:17	21.06.1996
33 Schmitz, Fritz	44	00:39:17	0,9187	00:42:46	29.12.1996
34 Seel, Wolfgang	49	00:39:24	0,8872	00:44:24	02.11.1996
35 Lorenz, Dieter	52	00:39:25	0,8664	00:45:30	21.06.1996
36 Heimann, Walter	51	00:39:26	0,8735	00:45:09	29.12.1996
37 Jessen, Lars		00:39:37	1,0000	00:39:37	19.05.1996
38 Reiss, Jörg	34	00:39:46	1,0000	00:39:46	07.12.1996
39 Rill, Peter	44	00:39:51	0,9187	00:43:23	29.12.1996
40 Motz, Werner	50	00:39:57	0,8804	00:45:23	29.12.1996
41 Weigelt, Joachim		00:40:03	1,0000	00:40:03	29.12.1996
42 Bassin, Frank		00:40:03	1,0000	00:40:03	07.12.1996
43 Küster, Till	17	00:40:07	1,0000	00:40:07	07.12.1996

10 km Männer	Alter	Bonuszeit	Faktor	Zeit	gelaufen
44 Praetorius, Hermann	39	00:40:13	0,9490	00:42:23	29.12.1996
45 Ehrhart, Michael	43	00:40:18	0,9249	00:43:34	19.05.1996
46 Engelhardt, Peter	57	00:40:22	0,8282	00:48:45	15.09.1996
47 Wetzestein, Wolfgang		00:40:26	1,0000	00:40:26	21.06.1996
48 Polaschek, Hubert	56	00:40:53	0,8362	00:48:53	15.09.1996
49 Pfürtner, Ralf	39	00:40:58	0,9490	00:43:10	29.12.1996
50 Meier-Tanski, Helmut		00:40:59	1,0000	00:40:59	06.10.1996
51 Erhart, Michael	43	00:41:02	0,9249	00:44:22	07.12.1996
52 Iovine, Raffaele		00:41:11	1,0000	00:41:11	29.12.1996
53 Nitsch, Michael	39	00:41:14	0,9490	00:43:27	19.05.1996
54 Tuerlings, Eric		00:41:19	1,0000	00:41:19	20.01.1996
55 Scheiblich, Jens	33	00:41:37	1,0000	00:41:37	19.05.1996
56 Herdt, Andreas		00:41:45	1,0000	00:41:45	06.10.1996
57 Friedrich, Helmut		00:42:08	1,0000	00:42:08	19.05.1996
58 Busskamp, Hermann	51	00:42:09	0,8735	00:48:15	07.12.1996
59 Giesen, Winfried	51	00:42:11	0,8735	00:48:18	19.05.1996
60 Olschewski, Peter		00:42:50	1,0000	00:42:50	19.05.1996
61 Gaines, Jeremy		00:42:54	1,0000	00:42:54	07.12.1996
62 Varnhagen, Elmar	69	00:42:55	0,7279	00:58:57	29.12.1996
63 Pinder, Götz	60	00:43:09	0,8038	00:53:41	29.12.1996
64 Winterweber, Klaus		00:43:14	1,0000	00:43:14	10.11.1996
65 Bachmann, Gerhard	52	00:43:44	0,8664	00:50:29	19.05.1996
66 Seim, Joachim	55	00:43:49	0,8441	00:51:55	29.12.1996
67 Schraidt, Rudolf		00:44:01	1,0000	00:44:01	07.12.1996
68 Priester, Jochen	42	00:44:10	0,9310	00:47:26	19.05.1996
69 Schober, Bernd		00:44:11	1,0000	00:44:11	29.12.1996
70 Knecht, Klaus		00:44:32	1,0000	00:44:32	29.12.1996
71 Schneider, Uwe		00:44:36	1,0000	00:44:36	29.12.1996
72 Dietrich, Sven		00:44:48	1,0000	00:44:48	29.12.1996
73 Kniehase, Martin		00:45:13	1,0000	00:45:13	29.12.1996
74 Weber, Andreas	29	00:45:26	1,0000	00:45:26	29.12.1996
75 Pradel, Jürgen		00:45:30	1,0000	00:45:30	10.11.1996
76 Hamann, Johannes		00:45:41	1,0000	00:45:41	29.12.1996
77 Murmann, Günther		00:45:49	1,0000	00:45:49	02.11.1996
78 Schubert, Wolfgang	55	00:46:20	0,8441	00:54:54	29.12.1996
79 Oertel, Arno		00:46:53	1,0000	00:46:53	19.05.1996
80 Sprenger, Ulrich	56	00:49:20	0,8362	00:59:00	29.12.1996
81 Hübner, Johannes	46	00:51:40	0,9064	00:57:00	29.12.1996
82 Otterbach, Andreas	31	00:53:50	1,0000	00:53:50	05.05.1996
83 Sedlmeyer, Ivo		00:53:54	1,0000	00:53:54	29.12.1996
84 Deigert, Hubert	42	00:54:07	0,9310	00:58:08	02.11.1996
85 Kevlin, Charles		00:54:49	1,0000	00:54:49	19.05.1996
86 Hartinger, Norbert		00:57:20	1,0000	00:57:20	15.09.1996



10 km Männer	Alter	Bonuszeit	Faktor	Zeit	gelaufen
87 Kircher, Günter		00:58:51	1,0000	00:58:51	29.12.1996
88 Schäfer, Helmut		00:59:11	1,0000	00:59:11	29.12.1996
89 Beier, Ralph		01:03:06	1,0000	01:03:06	29.12.1996
90 Blaum, Wolfgang		01:04:57	1,0000	01:04:57	29.12.1996
91 Braun, Norbert		01:07:23	1,0000	01:07:23	29.12.1996

10 km Frauen	Alter	Bonuszeit	Faktor	Zeit	gelaufen
1 Becker, Monika	50	00:39:19	0,8684	00:45:17	02.11.1996
2 Erhazar, Marlies	54	00:39:35	0,8369	00:47:18	06.10.1996
3 Müller, Hannelore	44	00:39:54	0,9106	00:43:49	06.10.1996
4 Semrau, Victoria		00:40:22	1,0000	00:40:22	02.11.1996
5 Junker, Angela	42	00:40:23	0,9241	00:43:42	06.10.1996
6 Lorenz, Hilde	44	00:41:41	0,9106	00:45:46	21.06.1996
7 Tanski, Corinna		00:42:14	1,0000	00:42:14	06.10.1996
8 Behning, Bettina Dr.	34	00:42:57	1,0000	00:42:57	02.11.1996
9 Krust, Gisela	48	00:43:21	0,8831	00:49:05	29.12.1996
10 Scholl, Helga	46	00:43:52	0,8970	00:48:54	19.05.1996
11 Blaum, Maria	42	00:43:52	0,9241	00:47:28	29.12.1996
12 Krawietz, Ute	38	00:44:10	0,9504	00:46:28	29.12.1996
13 Heinrich, Hanna	54	00:44:40	0,8369	00:53:22	29.12.1996
14 Birkl, Margitta		00:45:34	1,0000	00:45:34	19.05.1996
15 Schmidt, Christiane		00:45:37	1,0000	00:45:37	03.02.1996
16 Czabaun, Dagmar	56	00:46:46	0,8198	00:57:03	15.09.1996
17 Bauer, Hildegard	52	00:47:21	0,8530	00:55:31	29.12.1996
18 Hauwasser, Renate	37	00:47:39	0,9568	00:49:48	29.09.1996
19 Wieß, Maren	49	00:47:43	0,8759	00:54:29	29.12.1996
20 Appel, Sylvia	39	00:48:01	0,9439	00:50:52	19.05.1996
21 Braun, Sarah	43	00:48:18	0,9171	00:52:40	21.06.1996
22 Osang, Hannelore	56	00:48:25	0,8198	00:59:04	29.12.1996
23 Emrich, Barbara	52	00:48:43	0,8530	00:57:07	15.09.1996
24 Fischer, Heide	58	00:49:16	0,8021	01:01:25	27.04.1996
25 Holzschuh, Ursula	50	00:50:11	0,8684	00:57:47	29.12.1996
26 Busse-Schmelz, Gisela	46	00:50:11	0,8970	00:55:57	29.12.1996
27 Beer, Simone	29	00:50:38	1,0000	00:50:38	06.10.1996
28 Haberbeck, Gertrud	51	00:50:44	0,8607	00:58:57	21.06.1996
29 Stricker, Christine	38	00:50:55	0,9504	00:53:34	29.12.1996
30 Kudo, Elke		00:51:43	1,0000	00:51:43	08.09.1996
31 Hammann, Elke	28	00:51:57	1,0000	00:51:57	29.12.1996
32 Brings, Renate	48	00:52:02	0,8831	00:58:55	15.09.1996
33 Odenweller, Claudia		00:52:36	1,0000	00:52:36	29.12.1996
34 Kruggel, Petra		00:52:42	1,0000	00:52:42	29.12.1996
35 Winterweber, Eva		00:53:13	1,0000	00:53:13	10.11.1996
36 Schuch, Gisela		00:58:59	1,0000	00:58:59	29.12.1996
37 Felsenhorst, Gudrun	45	00:59:39	0,9037	01:06:00	29.12.1996
38 Sutor, Angelika		01:03:57	1,0000	01:03:57	29.12.1996